



<p>May 2017</p> 	<p>MONDAY 1 Turkey/Noodles Green Beans Wheat Bread Mandarin Oranges Milk</p>	<p>TUESDAY 2 Sloppy Jo Tater Tots Mixed Vegetables Pears Chocolate Pudding Milk</p>	<p>WEDNESDAY 3 Baked Pork Chop Sweet Potato Asparagus Wheat Bread Cherries Milk</p>	<p>THURSDAY 4 Chicken Strips Pasta Salad Beets Wheat Roll Apricots Milk</p>	<p>FRIDAY 5 Taco Salad/chips Lettuce, Tomato, Cheese, Salsa Refried Beans Cinnamon Apples Milk</p>	<p>SATURDAY 6</p>
<p>Recommended Serving Sizes 3 oz. meat ½ cup of vegetables ½ cup of fruit 2 servings of bread or complex carbohydrate 1 cup of 2% milk</p>	<p>MONDAY 8 Baked Ham Scalloped Potato Peas Wheat Bread Pineapple Tidbits Milk</p>	<p>TUESDAY 9 Meatloaf O'Brien Potatoes Spinach Wheat Bread Purple Plums Banana Dessert Milk</p>	<p>WEDNESDAY 10 Chicken Fajita Tortilla Spanish Rice Squash Blend Strawberries Milk</p>	<p>THURSDAY 11 Roast Beef Mash. Pot./Gravy Corn Wheat Roll Fruit Cocktail Milk</p>	<p>FRIDAY 12 Crab Cakes Macaroni & cheese Broccoli Wheat Bread Peach Crisp Milk</p>	<p>SATURDAY 13</p>
<p>Mother's Day</p>	<p>MONDAY 15 Beef Wellington Oven Brown Potato Zucchini Wheat Bread Pears Milk</p>	<p>TUESDAY 16 Chicken Parmesan Pasta Tossed Salad Wheat Roll Citrus Fruit Milk B.P checks</p>	<p>WEDNESDAY 17 BBQ Beef Sandwich Baked Beans Carrot/Raisin Salad Country Apple Dessert Milk</p>	<p>THURSDAY 18 Pork Roast Rice Pilaf Brussels Sprouts Wheat Bread Orange Whip Milk Evening Meal 5:00</p>	<p>FRIDAY 19 Chicken Fried Steak Mash. Pot./Gravy Mixed Vegetables Wheat Roll Strawberries Milk</p>	<p>SATURDAY 20</p>
<p>Birthdays 06-John P. 12-Mike P. 20-Debbie VW</p>	<p>MONDAY 22 Asparagus/Ham Quiche Sweet Potato Puffs Tossed Salad Cherries Milk</p>	<p>TUESDAY 23 Spaghetti w/meat sauce Italian Vegetables Garlic Bread Peaches Brownie Milk</p>	<p>WEDNESDAY 24 Oven Chicken Mash. Pot./gravy Broccoli Wheat Roll Fruit Cocktail Milk</p>	<p>THURSDAY 25 Salisbury Steak Baked Potato Carrots Wheat Bread Purple Plums Milk</p>	<p>FRIDAY 26 Baked Fish Wild Rice Blend Beets Wheat Bread Applesauce Gingerbread Cake Milk</p>	<p>SATURDAY 27</p>
<p>Bingo 2& 16 B.P checks 16 Evening Meal 18th</p>	<p>MONDAY 29 Memorial Day Company Holiday</p> 	<p>TUESDAY 30 Cheeseburger Lettuce, tomato, onion French Fries Mixed Vegetables Mandarin Oranges Milk</p>	<p>WEDNESDAY 31 BBQ Pork Riblet Potato Salad Green Beans Wheat Roll Pineapple Tidbits Milk</p>			